NEW RIVER

ILFORD, IG1 1RS



EXCHANGE ILFORD

H&M SPORTS DIRECT NHS TK MAXX NEXT

EXCHANGE ILFORD

ILFORD, IG1 1RS

TOWN CENTRE STATISTICS

Exchange Ilford is the heart of shopping, dining, and community events in Ilford, covering 300,000 sq ft. With exceptional travel links into central London via the Elizabeth Line, M25, M11, and A12.

As London shifts east, Ilford is growing. Beyond shopping, Exchange Ilford is a hub for local events, bringing the community together and celebrating our creative and cultural diversity.

Excellent travel links
Liverpool Street in 17 minutes
and Bond Street in 24 minutes

Ilford Station
directly opposite
the shopping centre

Ilford ranks 21st
out of 787 London retail destinations
based on market potential

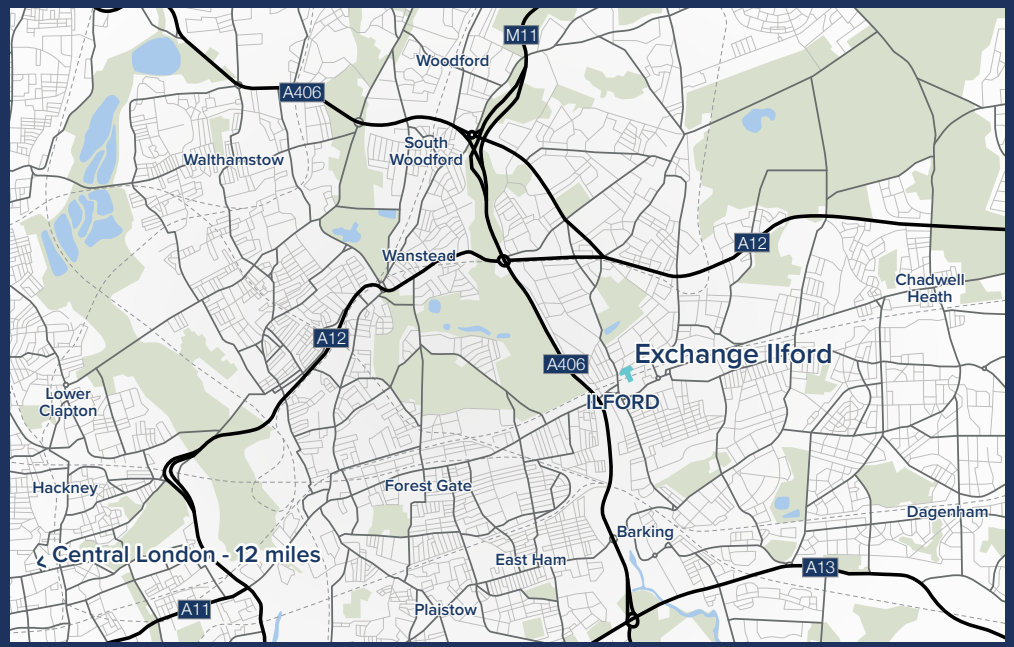
58 mins
Average dwell time

1,640,526
Total retail catchment

£206m
Comparison goods spend







EXCHANGE ILFORD

ILFORD, IG1 1RS

300,000
total sq ft

8m
footfall p.a.

66
units

969
parking spaces













EXCHANGE ILFORD

ILFORD, IG1 1RS

2025
YEAR END HIGHLIGHTS

24.7k
Social Media Audience





FACEBOOK

15.7k

March 2026
- 887.5k views
- 112.8k interactions

INSTAGRAM

3.3k

March 2026
- 855.7k views
- 12.3k interactions

TIKTOK

1.6k

March 2026
- 818.9k views
- 74.5k interactions



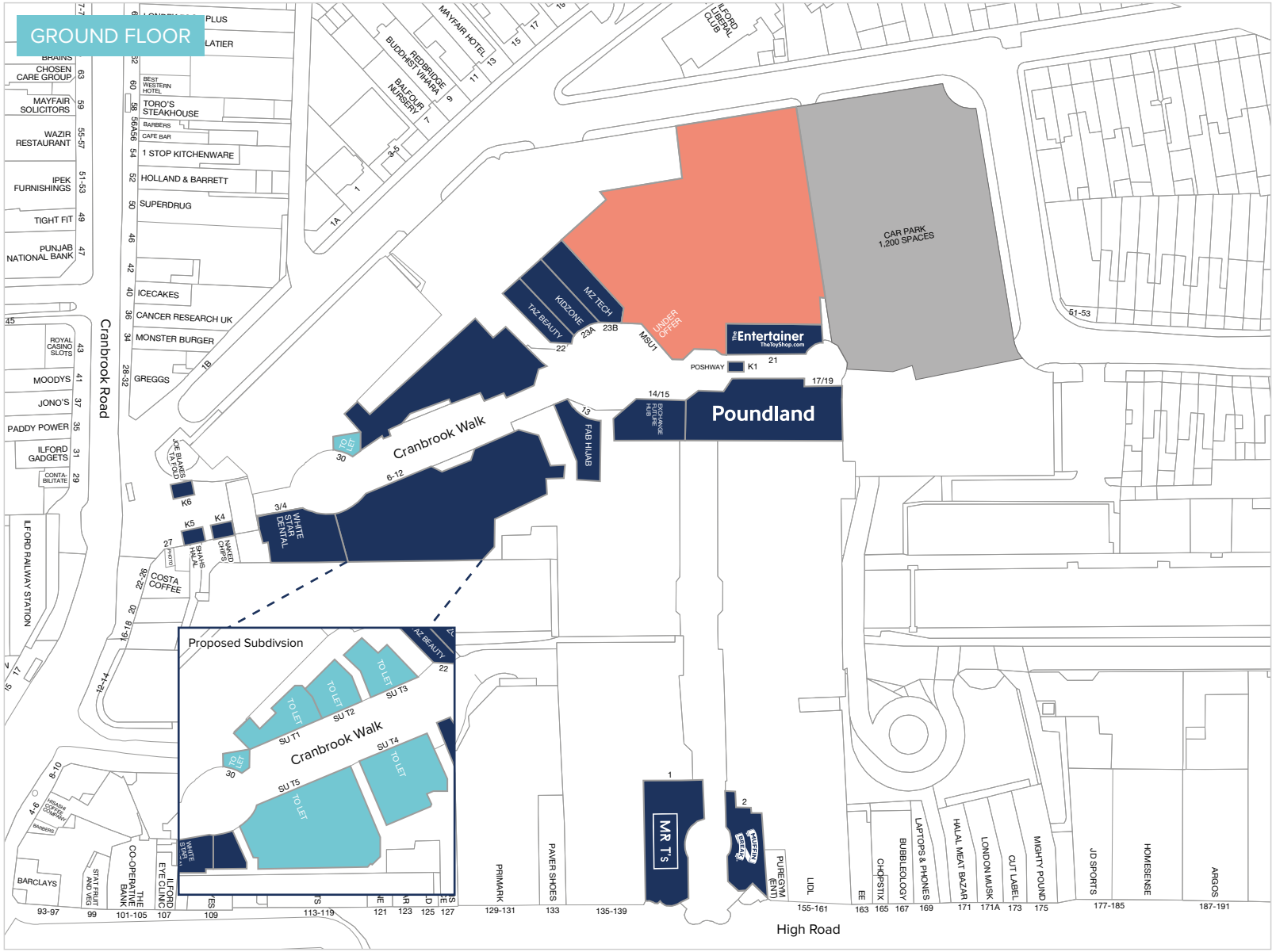


LinkedIn
222 followers

EXCHANGE ILFORD

ILFORD, IG1 1RS

NEW RIVER



ANCHOR RETAILERS

UNIT	RETAILER	SQ FT
–	NHS Clinic	–
MSU1	TK Maxx	–
1A	Next	–
83/87	H&M	–
93/94	Sports Direct	–

AVAILABILITY

UNIT	RETAILER	SQ FT
MSU1	Under Offer	30,731
30	To Let	–

Cranbrook Walk

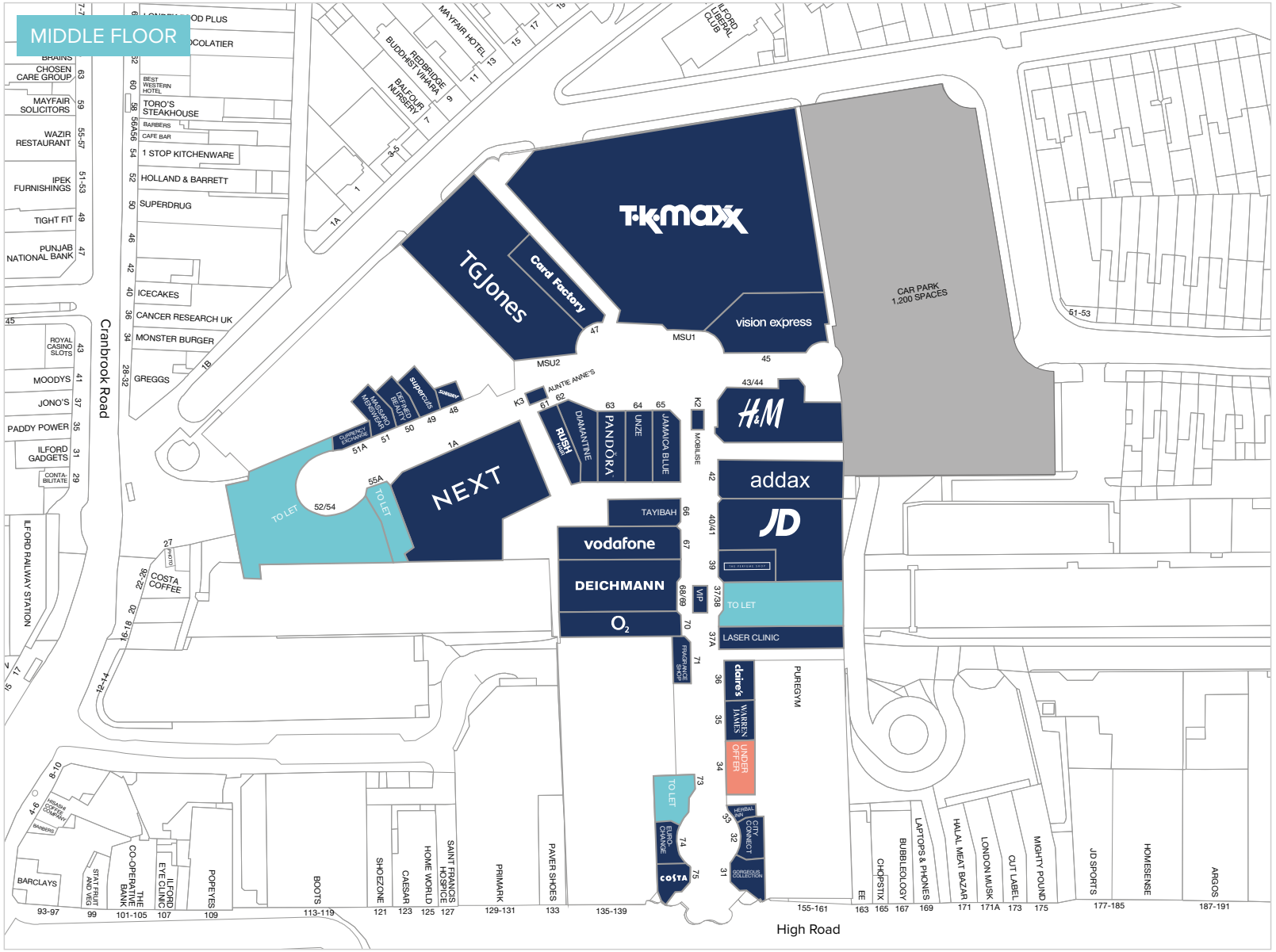




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EXCHANGE ILFORD

ILFORD, IG1 1RS



ANCHOR RETAILERS

UNIT	RETAILER	SQ FT
–	NHS Clinic	–
MSU1	TK Maxx	–
1A	Next	–
83/87	H&M	–
93/94	Sports Direct	–

AVAILABILITY

UNIT	RETAILER	SQ FT
34	Under Offer	–
37/38	To Let	–
52/54	To Let	4,732
55A	To Let	1,095
73	To Let	–

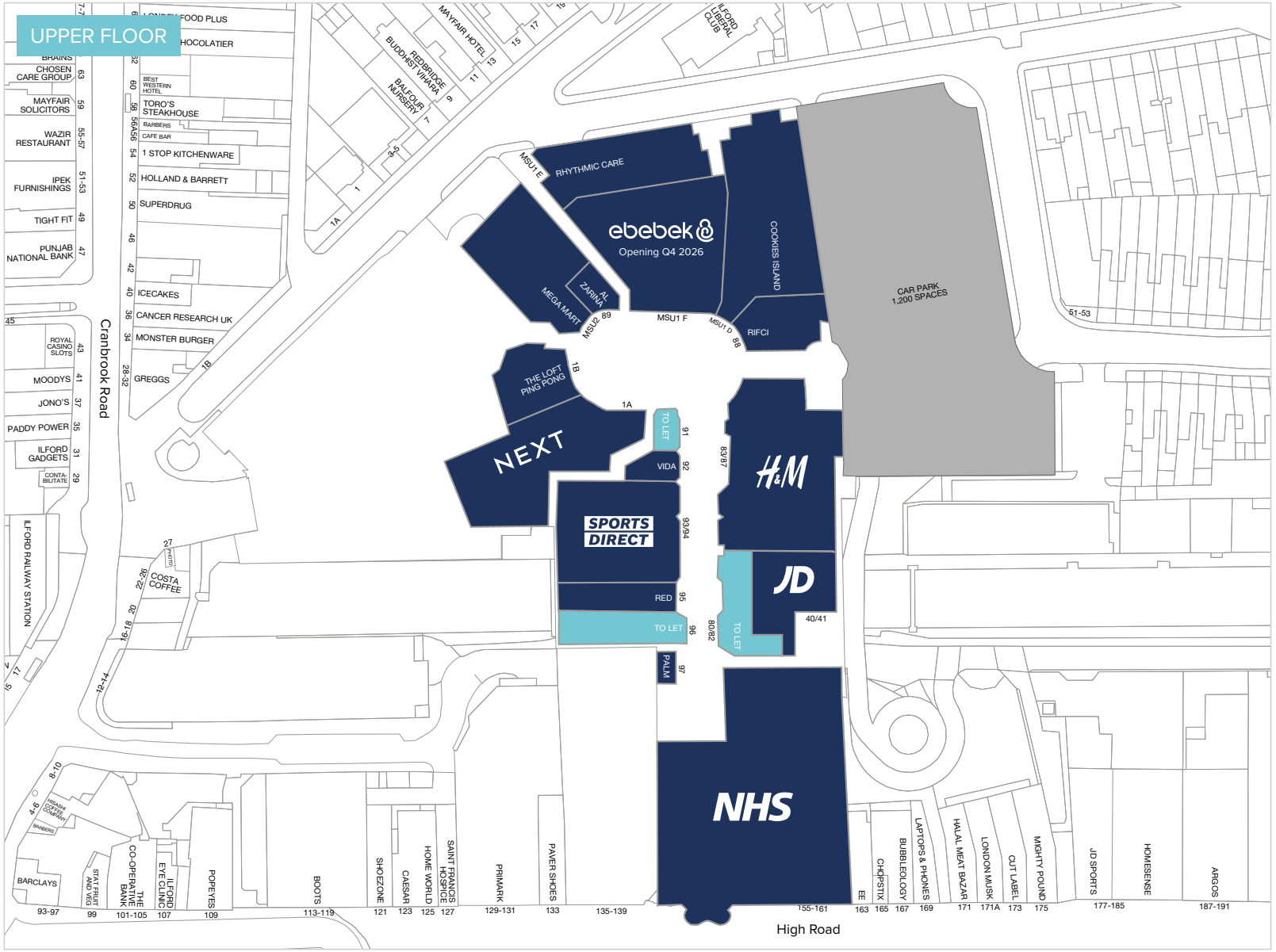




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EXCHANGE ILFORD

ILFORD, IG1 1RS



ANCHOR RETAILERS

UNIT	RETAILER	SQ FT
–	NHS Clinic	–
MSU1	TK Maxx	–
1A	Next	–
83/87	H&M	–
93/94	Sports Direct	–

AVAILABILITY

UNIT	RETAILER	SQ FT
80/82	To Let	–
91	To Let	549
96	To Let	–





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EXCHANGE ILFORD

EXCHANGE ILFORD

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EXCHANGE ILFORD

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Find Out More

Click here to view links

View full details on Completely Retail

Exchange website

NewRiver website

Asset snapshot

Misrepresentation Act

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